# Grocery List

Do not include the baking project ingredients

#### Fresh Produce

Onions: 3 medium Red Onion: 1 small

Red Bell Pepper: 1 medium

Garlic: 16 cloves Avocado: 1 medium

Orange: 2 large Limes: 6 medium Lemon: 6 medium Mushrooms: 8 oz

Baby Spinach: 2 cups Fresh Parsley: 1 bunch Fresh Basil: 1 small bunch Fresh Cilantro: 1 small bunch

## Meat/Seafood

Ground Beef: 2 lb (907 g) Boneless Skinless Chicken

Breasts: 6 lbs - 11 breasts approx.

Medium Shrimp: 1 lb (450 g) Spanish Chorizo: 1 large link

Bacon: 6-8 slices

## Refrigerated

Ricotta Cheese: ½ cup

Parmesan Cheese: 1½ cups Mascarpone Cheese: 4 oz Melty Cheese: 2 cups

Butter: ½ cup

Heavy Cream: 1 cup Frozen Peas: 1 cup

### Spices/Seasonings

Salt: 7 teaspoons approx.

Black Pepper: 1 teaspoon approx.

Garlic Powder: 4 teaspoons Onion Powder: 2 teaspoons Italian Herb Seasoning: 3

teaspoons

Dried Oregano: 1 tablespoon Ground Cumin: 2 teaspoons Sweet Paprika: 1 teaspoon Saffron Threads: 1 teaspoon



#### **Pantry**

Diced Tomatoes: 1 can (14.5 oz) Tomato Sauce: 1 can (8 oz) Tomato Paste: 2 tablespoons Sliced White bread: 2 slices Worcestershire Sauce: 2

tablespoons

Corn Or Flour Tortillas: 8-12

Chicken Broth Or Paella Broth: 41/2

cups

Paella Rice: 3 cups

Potato Gnocchi: 1 packet (17.5 oz)

Barbecue Sauce: 18 oz Pineapple Juice: ½ cup Liquid Smoke: 1 teaspoon Olive Oil: 13 tablespoons

Roasted Red Pepper: 6 strips